



PROGRAMME

Day 1 - Wednesday 13 September 2017

Assessment

- 08.45 Registration and coffee
- 09.15 **Welcome and Introduction**
Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
- 09.30 **Nutrition and risk – what can we do?**
Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
- 10.05 **Assessing nutritional status**
Jo Scantlebury, Senior Specialist Dietician, Leeds Teaching Hospitals NHS Trust
- 10.45 Coffee and exhibition
- 11.05 **WORKSHOPS**
Assessing nutritional status

Normal BMI
Obese
Very underweight

- 12.25 Lunch and exhibition

Different Clinical Scenarios

- 13.25 **Short bowel syndrome**
Dr Cathryn Preston, Bradford Teaching Hospitals NHS Foundation Trust
- 14.05 **Obesity / Bariatric surgery**
Mary O’Kane, Consultant Dietitian (Adult Obesity), Leeds Teaching Hospitals NHS Trust
- 14.45 Tea and exhibition
- 15.15 **Dietary management of IBS**
Anita Sainsbury, Consultant, Leeds Teaching Hospitals NHS Trust
- 16.00 **Nutrition and the liver patient**
Dr Charlie Millson, Consultant Gastroenterologist, York District Hospital
- 16.45 **Summary of day one and any notices**
Dr Clare Donnellan, Course Director
- 17.00 End of day one
- 19.00 Course dinner – Sous Le Nez Restaurant

Day 2 - Thursday 14 September 2017

Enteral Feeding

08.45 Coffee

09.00 **Practicalities of enteral feeding**

Alison Young, Consultant Nutrition Nurse, The Royal Liverpool and Broadgreen

09.40 **Ethics of feeding**

Dr Andrew Rochford, Consultant Gastroenterologist, Barts Health NHS Trust

10.40 Coffee and exhibition

WORKSHOPS (x3)

11.00 **Workshop Session 1**

PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc.

NGs, nasal bridles and drugs via NG tubes

Jejunal feeding tubes

11.45 **Workshop session 2**

12.30 **Workshop session 3**

13.15 Lunch and exhibition

Nutrition in Special Circumstances

13.50 **Preventing the refeeding syndrome**

Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark's Hospital,
London North West Healthcare NHS Trust

14.30 **Diet and cognitive function**

Professor Louise Dye, Professor of Nutrition & Behaviour, Faculty of Medicine and Health, University of Leeds

15.10 Tea and exhibition

15.30 **Nutrition in IBD**

Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust

16.10 **Nutrition and the surgical patient**

Mr Dermot Burke, Senior Lecturer in Surgery, Leeds Teaching Hospitals NHS Trust

16.50 **Summary of day two and any notices**

Dr Clare Donnellan, Course Director

17.00 End of day two

Day 3 - Friday 15 September 2017

Paediatric consequences and parenteral nutrition

08.45 Coffee

09.00 **Paediatric surgery and nutritional consequences for children and adults**

Ian Sugarman, Consultant Paediatric Surgeon, Leeds Teaching Hospitals NHS Trust

09.40 **Nutrition and eating disorders**

Dr William Rhys Jones, Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds

10.20 Coffee

10.50 **Pharmacy and Parenteral Nutrition**

Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust

11.30 **Psychological aspects of home parenteral nutrition**

Dr Yoram Inspector, Consultant Psychiatrist in Psychotherapy, St Mark's Hospital,
London North West Healthcare NHS Trust

12.15 Lunch

Parenteral Nutrition

13.15 **Workshop Session 1**

Short Bowel Syndrome
PN issues – working out requirements
Management of abnormal LFTs

14.00 **Workshop session 2**

14.45 Tea

15.00 **Workshop session 3**

15.45 **Kullavanijaya International Guest Lecture**

Managing home parenteral nutrition

Dr Antje Teubner, Associate Specialist IFU, Salford Royal NHS Foundation

16.30 End of day three and course and issue of certificates