Day 1 - Wednesday 13 September 2017

**Assessment**

08.45  Registration and coffee
09.15  **Welcome and Introduction**  
Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
09.30  **Nutrition and risk – what can we do?**  
Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
10.05  **Assessing nutritional status**  
Jo Scantlebury, Senior Specialist Dietician, Leeds Teaching Hospitals NHS Trust
10.45  Coffee and exhibition
11.05  **WORKSHOPS**  
Assessing nutritional status

<table>
<thead>
<tr>
<th>Normal BMI</th>
<th>Dr Clare Donnellan, Leeds Teaching Hospitals NHS Trust</th>
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<tbody>
<tr>
<td>Obese</td>
<td>Catherine Kenneth, Bradford Teaching Hospitals NHS Foundation Trust</td>
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<tr>
<td>Very underweight</td>
<td>Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust</td>
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<td>Dr Andrew Rochford, Barts Health NHS Trust</td>
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**Workshop speakers**

Anna Burton, Leeds Teaching Hospitals NHS Trust
Helen Davies, Leeds Teaching Hospitals NHS Trust
Emma Noble, Leeds Teaching Hospitals NHS Trust
Jo Scantlebury, Leeds Teaching Hospitals NHS Trust

12.25  Lunch and exhibition

**Different Clinical Scenarios**

13.25  **Short bowel syndrome**  
Dr Cathryn Preston, Bradford Teaching Hospitals NHS Foundation Trust
14.05  **Obesity / Bariatric surgery**  
Mary O’Kane, Consultant Dietitian (Adult Obesity), Leeds Teaching Hospitals NHS Trust
14.45  Tea and exhibition
15.15  **Dietary management of IBS**  
Anita Sainsbury, Consultant, Leeds Teaching Hospitals NHS Trust
16.00  **Nutrition and the liver patient**  
Dr Charlie Millson, Consultant Gastroenterologist, York District Hospital
16.45  **Summary of day one and any notices**  
Dr Clare Donnellan, Course Director
17.00  End of day one
19.00  Course dinner – Sous Le Nez Restaurant
Day 2 - Thursday 14 September 2017

Enteral Feeding

08.45 Coffee
09.00 Practicalities of enteral feeding
  Alison Young, Consultant Nutrition Nurse, The Royal Liverpool and Broadgreen
09.40 Ethics of feeding
  Dr Andrew Rochford, Consultant Gastroenterologist, Barts Health NHS Trust
10.40 Coffee and exhibition

WORKSHOPS (x4)
11.00 Workshop Session 1

<table>
<thead>
<tr>
<th>Topic</th>
<th>Speakers</th>
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<tbody>
<tr>
<td>PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc.</td>
<td>Gina Melling, Leeds Teaching Hospitals NHS Trust</td>
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<td>Becky McKay, Leeds Teaching Hospitals NHS Trust</td>
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<tr>
<td>NGs, nasal bridles</td>
<td>Sarah Fallen, Leeds Teaching Hospitals NHS Trust</td>
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<td></td>
<td>Catherine Kenneth, Bradford Teaching Hospitals NHS Foundation Trust</td>
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<td>Drugs via NG tubes</td>
<td>Sarah Zeraschi, Leeds Teaching Hospitals NHS Trust</td>
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<td></td>
<td>Jeremy Robson, Leeds Teaching Hospitals NHS Trust</td>
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<tr>
<td>Jejunal feeding tubes</td>
<td>Andrew Rochford, Barts Health NHS Trust</td>
</tr>
<tr>
<td></td>
<td>Alison Young, The Royal Liverpool and Broadgreen</td>
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11.35 Workshop session 2
12.10 Workshop session 3
12.45 Workshop session 4
13.20 Lunch and exhibition

Nutrition in Special Circumstances

13.55 Preventing the refeeding syndrome
  Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark’s Hospital, London North West Healthcare NHS Trust
14.35 Diet and cognitive function
  Professor Louise Dye, Professor of Nutrition & Behaviour, Faculty of Medicine and Health, University of Leeds
15.15 Tea and exhibition
15.35 Nutrition in IBD
  Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
16.15 Nutrition and the surgical patient
  Mr Dermot Burke, Consultant General and Colorectal Surgeon, Leeds Teaching Hospitals NHS Trust
16.55 Summary of day two and any notices
  Dr Clare Donnellan, Course Director
17.00 End of day two
Day 3 - Friday 15 September 2017

Paediatric consequences and parenteral nutrition

08.45 Coffee
09.00 **Paediatric surgery and nutritional consequences for children and adults**
   Ian Sugarman, Consultant Paediatric Surgeon, Leeds Teaching Hospitals NHS Trust
09.40 **Nutrition and eating disorders**
   Dr William Rhys Jones, Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds
10.20 Coffee
10.50 **Pharmacy and parenteral nutrition**
   Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust
11.30 **Psychological aspects of home parenteral nutrition**
   Dr Yoram Inspector, Consultant Psychiatrist in Psychotherapy, St Mark’s Hospital, London North West Healthcare NHS Trust

12.15 Lunch

Parenteral Nutrition

WORKSHOPS (x3)

13.15 **Workshop Session 1**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Facilitators</th>
</tr>
</thead>
</table>
| Short Bowel Syndrome                     | **Jo Scantlebury,** Leeds Teaching Hospitals NHS Trust  
  **Andrew Rochford,** Barts Health NHS Trust |
| PN issues – working out requirements     | **Dr Peter Mooney,** Leeds Teaching Hospitals NHS Trust  
  **Sarah Zeraschi,** Leeds Teaching Hospitals NHS Trust |
| Management of abnormal LFTs              | **Clare Donnellan,** Leeds Teaching Hospitals NHS Trust  
  **Emma Noble,** Leeds Teaching Hospitals NHS Trust |

14.00 **Workshop session 2**
14.45 Tea
15.00 **Workshop session 3**
15.45 **Kullavanijaya International Guest Lecture**
   **Managing home parenteral nutrition**
   Dr Antje Teubner, Associate Specialist IFU, Salford Royal NHS Foundation
16.30 End of day three and course, issue of certificates