



PROGRAMME

Day 1 - Wednesday 13 September 2017

Assessment

- 08.45 Registration and coffee
- 09.15 **Welcome and Introduction**
 Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
- 09.30 **Nutrition and risk – what can we do?**
 Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
- 10.05 **Assessing nutritional status**
 Jo Scantlebury, Senior Specialist Dietician, Leeds Teaching Hospitals NHS Trust
- 10.45 Coffee and exhibition
- 11.05 **WORKSHOPS**
Assessing nutritional status

Normal BMI	Dr Clare Donnellan , Leeds Teaching Hospitals NHS Trust
Obese	
Very underweight	
	Catherine Kenneth , Bradford Teaching Hospitals NHS Foundation Trust Dr Peter Mooney , Leeds Teaching Hospitals NHS Trust Dr Andrew Rochford , Barts Health NHS Trust Workshop speakers Anna Burton , Leeds Teaching Hospitals NHS Trust Helen Davies , Leeds Teaching Hospitals NHS Trust Emma Noble , Leeds Teaching Hospitals NHS Trust Jo Scantlebury , Leeds Teaching Hospitals NHS Trust

- 12.25 Lunch and exhibition
- Different Clinical Scenarios**
- 13.25 **Short bowel syndrome**
 Dr Cathryn Preston, Bradford Teaching Hospitals NHS Foundation Trust
- 14.05 **Obesity / Bariatric surgery**
 Mary O’Kane, Consultant Dietitian (Adult Obesity), Leeds Teaching Hospitals NHS Trust
- 14.45 Tea and exhibition
- 15.15 **Dietary management of IBS**
 Anita Sainsbury, Consultant, Leeds Teaching Hospitals NHS Trust
- 16.00 **Nutrition and the liver patient**
 Dr Charlie Millson, Consultant Gastroenterologist, York District Hospital
- 16.45 **Summary of day one and any notices**
 Dr Clare Donnellan, Course Director
- 17.00 End of day one
- 19.00 Course dinner – Sous Le Nez Restaurant

Day 2 - Thursday 14 September 2017

Enteral Feeding

08.45 Coffee

09.00 Practicalities of enteral feeding

Alison Young, Consultant Nutrition Nurse, The Royal Liverpool and Broadgreen

09.40 Ethics of feeding

Dr Andrew Rochford, Consultant Gastroenterologist, Barts Health NHS Trust

10.40 Coffee and exhibition

WORKSHOPS (x4)

11.00 Workshop Session 1

PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc.	Gina Melling , Leeds Teaching Hospitals NHS Trust Becky McKay , Leeds Teaching Hospitals NHS Trust
NGs, nasal bridles	Sarah Fallen , Leeds Teaching Hospitals NHS Trust Catherine Kenneth , Bradford Teaching Hospitals NHS Foundation Trust
Drugs via NG tubes	Sarah Zeraschi , Leeds Teaching Hospitals NHS Trust Jeremy Robson , Leeds Teaching Hospitals NHS Trust
Jejunal feeding tubes	Andrew Rochford , Barts Health NHS Trust Alison Young , The Royal Liverpool and Broadgreen

11.35 Workshop session 2

12.10 Workshop session 3

12.45 Workshop session 4

13.20 Lunch and exhibition

Nutrition in Special Circumstances

13.55 Preventing the refeeding syndrome

Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark's Hospital,
London North West Healthcare NHS Trust

14.35 Diet and cognitive function

Professor Louise Dye, Professor of Nutrition & Behaviour, Faculty of Medicine and Health, University of Leeds

15.15 Tea and exhibition

15.35 Nutrition in IBD

Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust

16.15 Nutrition and the surgical patient

Mr Dermot Burke, Consultant General and Colorectal Surgeon, Leeds Teaching Hospitals NHS Trust

16.55 Summary of day two and any notices

Dr Clare Donnellan, Course Director

17.00 End of day two

Day 3 - Friday 15 September 2017

Paediatric consequences and parenteral nutrition

08.45 Coffee

09.00 Paediatric surgery and nutritional consequences for children and adults

Ian Sugarman, Consultant Paediatric Surgeon, Leeds Teaching Hospitals NHS Trust

09.40 Nutrition and eating disorders

Dr William Rhys Jones, Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds

10.20 Coffee

10.50 Pharmacy and parenteral nutrition

Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust

11.30 Psychological aspects of home parenteral nutrition

Dr Yoram Inspector, Consultant Psychiatrist in Psychotherapy, St Mark's Hospital, London North West Healthcare NHS Trust

12.15 Lunch

Parenteral Nutrition

WORKSHOPS (x3)

13.15 Workshop Session 1

Short Bowel Syndrome	Jo Scantlebury , Leeds Teaching Hospitals NHS Trust Andrew Rochford , Barts Health NHS Trust
PN issues – working out requirements	Dr Peter Mooney , Leeds Teaching Hospitals NHS Trust Sarah Zeraschi , Leeds Teaching Hospitals NHS Trust
Management of abnormal LFTs	Clare Donnellan , Leeds Teaching Hospitals NHS Trust Emma Noble , Leeds Teaching Hospitals NHS Trust

14.00 Workshop session 2

14.45 Tea

15.00 Workshop session 3

15.45 Kullavanijaya International Guest Lecture

Managing home parenteral nutrition

Dr Antje Teubner, Associate Specialist IFU, Salford Royal NHS Foundation

16.30 End of day three and course, issue of certificates