The Leeds course in Clinical Nutrition

Wednesday 13 – Friday 15 September 2017
Early registration recommended

What our previous delegates say:

“Excellent course, essential for anyone involved in providing nutrition.”

“Insightful and thought provoking course covering different aspects of nutrition.”

“Excellent networking opportunity with friendly and knowledgeable speakers.”

“Highly commendable course with a good balance of theory and hands-on workshops.”

‘The Leeds Course in Clinical Nutrition’ (code: 111251) has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 17 category 1 (external) CPD credit(s).
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Course director
Dr Clare Donnellan
Consultant Gastroenterologist,
The Leeds Teaching Hospitals NHS Trust

Course aims
The course is specifically designed to provide a thorough grounding in all aspects of clinical nutrition and:

- summarise national nutrition drivers to provide a foundation for the course
- increase awareness of nutritional compromise and its consequences; give practical guidance on assessment of patients, and discuss particular patient groups (surgical patients, those with irritable bowel syndrome, renal disease, eating disorders and liver disease)
- discuss practicalities of feeding in terms of ethics, different methods of feeding and understand more about different techniques to give artificial nutrition
- establish principles of nutritional importance in extreme clinical situations (short bowel syndrome, refeeding syndrome, parenteral nutrition).

Who should attend?
The Leeds course in Clinical Nutrition is aimed at all professions with an interest in Clinical Nutrition and will appeal to clinicians, dietitians, doctors, hospitals pharmacists, nursing staff and others with interest in patient nutrition.

Exhibition and sponsorship opportunities
As in previous years, there will be a small exhibition of related products from the pharmaceutical, equipment and food industries. Exhibition spaces are limited due to venue capacity and companies wishing to reserve a stand should contact the CPD, Conference and Events Unit as soon as possible. Sponsorship opportunities are also available on request.

Course accreditation
The Leeds Course in Clinical Nutrition’ (code: 111251) has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for 17 category 1 (external) CPD credit(s).

The course has also been endorsed by the Association for Nutrition, BAPEN, British Dietetic Association, British Society of Gastroenterology and the National Nurses Nutrition Group.

BDA endorsement applies only to the educational content of the learning activity.
Wednesday 13 September 2017
Assessment
08.45 Registration and coffee
09.15 Welcome and introduction
  Dr Clare Donnellan,
  Course Director,
  Consultant Gastroenterologist,
  Leeds Teaching Hospitals NHS Trust
09.30 Nutrition and risk – what can we do?
  Dr Clare Donnellan,
  Course Director,
  Consultant Gastroenterologist,
  Leeds Teaching Hospitals NHS Trust
10.05 Assessing nutritional status
  Jo Scantlebury,
  Senior Specialist Dietician,
  Leeds Teaching Hospitals NHS Trust
10.45 Coffee and exhibition
WORKSHOPS
11.05 Assessing nutritional status
  ■ Normal BMI
  ■ Obese
  ■ Very underweight
12.25 Lunch and exhibition
Different Clinical Scenarios
13.25 Short bowel syndrome
  Dr Cathryn Preston,
  Bradford Teaching Hospitals NHS Foundation Trust
14.05 Obesity / Bariatric surgery
  Mary O’Kane,
  Consultant Dietitian (Adult Obesity),
  Leeds Teaching Hospitals NHS Trust
14.45 Tea and exhibition
15.15 Dietary management of IBS
  Anita Sainsbury,
  Consultant, Leeds Teaching Hospitals NHS Trust
16.00 Nutrition and the liver patient
  Dr Charlie Millson,
  Consultant Gastroenterologist,
  York District Hospital
16.45 Summary of day one
  Dr Clare Donnellan,
  Course Director
17.00 End of day one
19.00 Course dinner

Thursday 14 September 2017
Enteral Feeding
08.45 Coffee
09.00 Practicalities of enteral feeding
  Alison Young,
  Consultant Nutrition Nurse,
  The Royal Liverpool and Broadgreen
09.40 Ethics of feeding
  Dr Andrew Rochford,
  Consultant Gastroenterologist,
  Barts Health NHS Trust
10.40 Coffee and exhibition
WORKSHOPS
11.00 Workshop Session 1
  ■ PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc.
  ■ NGs, nasal bridles and drugs via NG tubes
11.45 Workshop session 2
12.30 Workshop session 3
13.15 Lunch and exhibition
Nutrition in Special Circumstances
13.50 Preventing the refeeding syndrome
  Dr Jeremy Nightingale,
  Consultant Gastroenterologist,
  St Mark’s Hospital, London North West Healthcare NHS Trust
14.30 Diet and cognitive function
  Professor Louise Dye,
  Professor of Nutrition & Behaviour,
  Faculty of Medicine and Health, University of Leeds
15.10 Tea and exhibition
15.30 Nutrition in IBD
  Dr Clare Donnellan,
  Course Director,
  Consultant Gastroenterologist,
  Leeds Teaching Hospitals NHS Trust
16.10 Nutrition and the surgical patient
  Mr Dermot Burke,
  Consultant General and Colorectal Surgeon
  Leeds Teaching Hospitals NHS Trust
16.50 Summary of day two
  Dr Clare Donnellan,
  Course Director
17.00 End of day two

Friday 15 September 2017
Paediatric consequences and parenteral nutrition
08.45 Coffee
09.00 Paediatric surgery and nutritional consequences for children and adults
  Ian Sugarman,
  Consultant Paediatric Surgeon,
  Leeds Teaching Hospitals NHS Trust
09.40 Nutrition and eating disorders
  Dr William Rhys Jones,
  Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds
10.20 Coffee
10.50 Pharmacy and parenteral nutrition
  Sarah Zeraschi, Consultant, Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust
11.30 Psychological aspects of home parenteral nutrition
  Dr Yoram Inspector,
  Consultant Psychiatrist in Psychotherapy, St Mark’s Hospital, London North West Healthcare NHS Trust
12.15 Lunch
WORKSHOPS
Parenteral Nutrition
13.15 Workshop Session 1
  ■ Short Bowel Syndrome
  ■ PN issues – working out requirements
  ■ Management of abnormal LFTs
14.00 Workshop session 2
14.45 Tea
15.00 Workshop session 3
15.45 Kullavanijaya International Guest Lecture
  Managing home parenteral nutrition
  Dr Antje Teubner,
  Associate Specialist IFU, Salford Royal NHS Foundation
16.30 End of day three and course, issue of certificates
Further information

Venue
The course will be held in the Faculty of Engineering at the University of Leeds, Woodhouse Lane, Leeds, LS2 9JT. Directions to the venue will be provided within the delegate joining instructions. The nearest public car park is 15 minutes from the venue and Leeds train station is approximately 20 minutes walk to Campus.

Course Fees
The course fee includes the cost of tuition, course materials, lunches, light refreshments and the course dinner.

£440
£655

Accommodation
Delegates are responsible for organising their own accommodation and evening meals, except on Wednesday when the course dinner is included. A list of hotels close to the University will be provided within the joining instructions.

Course Dinner
The course dinner will be held at a Leeds city centre restaurant and is included in the course fee. This will take place on Wednesday evening and delegates are responsible for making their own way to and from the restaurant. The dress code is smart casual. If you would like to attend please indicate when booking.

Accessibility
Please let us know if you have any specific requirements including any access or dietary requirements in relation to this course.

How to Book
Delegates can book their place via our secure online store (using debit or credit card) or by completing a manual registration form (to pay via invoice). Please follow the guidance below on how to complete your booking:

Online Booking
1. Log on to our Online Store at: https://store.leeds.ac.uk
2. Select Conferences and Events in the left-hand navigation bar.
3. Select CPD Pharmaceutical and Healthcare courses
4. Select the course or event for which you wish to register and click on “Book”.
5. If you are a new user, please follow the instructions to register. If you already have an account log in as instructed.
6. Complete the application process as directed by the booking system.

You will receive an automatic confirmation email within 24 hours of your booking.

Manual Registrations
1. Please email clinicalnutrition@leeds.ac.uk to request a registration form or call Jenna Kellett on +44 (0)113 343 2494
2. Send your completed registration form along with payment or purchase order document to the address below.

Payment can be made by bank transfer, debit/credit card, or by cheque made payable to the 'University of Leeds'. Please note that if you have requested an invoice, registrations received without a supporting purchase order document cannot be processed. Terms of payment are 30 days from date of invoice, however fees must be received prior to the course commencement.

For online booking queries and for all other enquiries please contact:
Jenna Kellett – Course coordinator
CPD, Conference & Events Unit
Faculty of Engineering
School of Chemical and Process Engineering 3.11
University of Leeds
LEEDS, LS2 9JT, UK
T: + 44 (0) 113 343 2494
E: clinicalnutrition@leeds.ac.uk
W: www.clinical-nutrition.co.uk
@LeedsUnICPD

Terms and conditions for booking
Payment in full should accompany your booking unless you have requested to pay by invoice (in which case a valid purchase order document must accompany your registration). Terms of payment are 30 days from date of invoice, however fees must be received prior to the course commencement. Failure to pay may result in attendance being refused. Registrations are accepted on the understanding that the printed programme is given in good faith but may have to be re-scheduled or the speakers changed for reasons outside our control. The University of Leeds reserves the right to cancel or postpone the course, in which case fees will be refunded in full. In the event of cancellation, the University will not be held liable for delegates travel or accommodation expenses. Delegates will receive a full refund for cancellations made within 7 days of online booking, except where the booking has been made for an event commencing within the next 7 days. Where a delegate wishes to cancel a registration after this 7 day period written cancellations received up to 15 working days before the course will be subject to an administrative charge of 20% of the total remittance. After this date the full fee is chargeable and no refunds will be made, this also applies for non-attendance but copies of the course documents will be sent. Substitutions may be made at any time.