PROVISIONAL PROGRAMME

Day 1 - Wednesday 12 September 2018

Assessment
08.45 Registration and coffee
09.15 Welcome and Introduction
   Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
09.30 Nutrition and risk – what can we do?
   Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
10.05 Assessing nutritional status
   Jo Scantlebury, Senior Specialist Dietician, Leeds Teaching Hospitals NHS Trust
10.45 Coffee and exhibition
11.05 Multidisciplinary Team Workshops
   Assessing nutritional status

<table>
<thead>
<tr>
<th>Normal BMI</th>
<th>Medics</th>
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<tr>
<td></td>
<td>Clare Donnellan, Leeds Teaching Hospitals NHS Trust</td>
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<td></td>
<td>Catherine Kenneth, Bradford Teaching Hospitals NHS Foundation Trust</td>
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<td>Obese</td>
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<td>Andrew Rochford, Barts Health NHS Trust</td>
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<td>Very underweight</td>
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<td>Jo Scantlebury, Leeds Teaching Hospitals NHS Trust</td>
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<td>Lisa Dunleavy, Leeds Teaching Hospitals NHS Trust</td>
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<td>Emma Noble, Leeds Teaching Hospitals NHS Trust</td>
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12.25 Lunch and exhibition

Different Clinical Scenarios
13.25 Short bowel syndrome
   Dr Cathryn Preston, Bradford Teaching Hospitals NHS Foundation Trust
14.05 Obesity / Bariatric surgery
   Mary O’Kane, Consultant Dietitian (Adult Obesity), Leeds Teaching Hospitals NHS Trust
14.45 Tea and exhibition
15.15 Dietary management of IBS
   Anita Sainsbury, Consultant, Leeds Teaching Hospitals NHS Trust
16.00 Nutrition and the liver patient
   Dr Charlie Millson, Consultant Gastroenterologist, York District Hospital
16.45 Summary of day one
   Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust
17.00 End of day one
19.00 Course dinner – Sous Le Nez Restaurant
Day 2 - Thursday 13 September 2018

Enteral Feeding

08.15 Coffee

08.30 **Practicalities of enteral feeding**  
Alison Young, Consultant Nutrition Nurse, The Royal Liverpool and Broadgreen

09.10 **Ethics of feeding**  
Dr Andrew Rochford, Consultant Gastroenterologist, Barts Health NHS Trust

10.10 Coffee and exhibition

WORKSHOPS (x4)

10.30 **Workshop Session 1**

| PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc. | Gina Melling, Leeds Teaching Hospitals NHS Trust  
| | Becky McKay, Leeds Teaching Hospitals NHS Trust |
| NGs, nasal bridles | Mary Barragry, Leeds Teaching Hospitals NHS Trust  
| | Catherine Kenneth, Bradford Teaching Hospitals NHS Foundation Trust |
| Drugs via NG tubes | Sarah Zeraschi, Leeds Teaching Hospitals NHS Trust  
| | Jeremy Robson, Leeds Teaching Hospitals NHS Trust |
| Jejunal feeding tubes | Andrew Rochford, Barts Health NHS Trust  
| | Alison Young, The Royal Liverpool and Broadgreen |

11.15 **Workshop session 2**

12.00 **Workshop session 3**

12.45 **Workshop session 4**

13.30 Lunch and exhibition

Nutrition in Special Circumstances

14.15 **Preventing the refeeding syndrome**  
Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark’s Hospital, London North West Healthcare NHS Trust

14.55 **Nutrition, fluid and the kidneys**  
Dr Mark Wright, Consultant in Renal Medicine, Leeds Teaching Hospitals NHS Trust

15.35 Tea and exhibition

15.55 **Paediatric surgery and nutritional consequences for children and adults**  
Ian Sugarman, Consultant Paediatric Surgeon, Leeds Teaching Hospitals NHS Trust

16.35 **Nutrition and the surgical patient**  
Mr Dermot Burke, Consultant General and Colorectal Surgeon, Leeds Teaching Hospitals NHS Trust

17.15 **Summary of day two**  
Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust

End of day two
Day 3 - Friday 14 September 2018

**Paediatric consequences and parenteral nutrition**

- **08.45** Coffee
- **09.00** **Nutrition in IBD**
  - Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
- **09.40** **Nutrition and eating disorders**
  - Dr William Rhys Jones, Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds
- **10.20** Coffee
- **10.50** **Pharmacy and parenteral nutrition**
  - Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust
- **11.30** **Psychological aspects of home parenteral nutrition**
  - Dr Yoram Inspector, Consultant Psychiatrist in Psychotherapy, St Mark’s Hospital, London North West Healthcare NHS Trust
- **12.15** Lunch

**Parenteral Nutrition**

**WORKSHOPS (x3)**

### Workshop Session 1

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<tr>
<th>Topic</th>
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<td>Short Bowel Syndrome</td>
<td>Sumiyya Nidaa, Leeds Teaching Hospitals</td>
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<td>Andrew Rochford, Barts Health NHS Trust</td>
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<td>PN issues – working out requirements</td>
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<td>Sarah Zeraschi, Leeds Teaching Hospitals</td>
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<td>Management of abnormal LFTs</td>
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- **14.00** **Workshop session 2**
- **14.45** Tea
- **15.00** **Workshop session 3**
- **15.45** **Kullavanijaya International Guest Lecture**
  - **Managing home parenteral nutrition**
    - Dr Antje Teubner, Associate Specialist IFU, Salford Royal NHS Foundation
- **16.30** End of day three and course, issue of certificates