The Leeds Course in Clinical Nutrition
Wednesday 11 – Friday 13 September 2019

PROVISIONAL PROGRAMME

Day 1 - Wednesday 11 September 2019

Assessment
08.45 Registration and coffee
09.15 Welcome and Introduction
  Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
09.30 Nutrition and risk – what can we do?
  Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
10.05 Estimating nutritional requirements
  Jo Scantlebury, Senior Specialist Dietician, Leeds Teaching Hospitals NHS Trust
10.45 Coffee and exhibition
11.05 Multidisciplinary Team Workshops
  Assessing nutritional status

<table>
<thead>
<tr>
<th>Normal BMI</th>
<th>Medics</th>
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<tr>
<td></td>
<td>Clare Donnellan, Leeds Teaching Hospitals NHS Trust</td>
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<td>Catherine Kenneth, Bradford Teaching Hospitals NHS Foundation Trust</td>
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<th>Obese</th>
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<td>Peter Mooney, Leeds Teaching Hospitals NHS Trust</td>
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<td>Andrew Rochford, Barts Health NHS Trust</td>
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<th>Very underweight</th>
<th>Dietitians</th>
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<td>Helen Davies, Leeds Teaching Hospitals NHS Trust</td>
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<td>Jo Scantlebury, Leeds Teaching Hospitals NHS Trust</td>
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12.25 Lunch and exhibition

Different Clinical Scenarios
13.25 Short bowel syndrome
  Dr Cathryn Preston, Bradford Teaching Hospitals NHS Foundation Trust
14.05 Obesity / bariatric surgery
  Mary O’Kane, Consultant Dietitian (Adult Obesity), Leeds Teaching Hospitals NHS Trust
14.45 Tea and exhibition
15.15 Dietary management of IBS
  Anita Sainsbury, Consultant, Leeds Teaching Hospitals NHS Trust
16.00 Nutrition and the liver patient
  Dr Charlie Millson, Consultant Gastroenterologist, York District Hospital
16.45 Summary of day one
  Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust
17.00 End of day one
19.00 Course dinner – Sous Le Nez Restaurant
Day 2 - Thursday 12 September 2019

Enteral Feeding and difficult feeding

08.15 Coffee

08.30 **Practicalities of enteral feeding**
   Alison Young, Consultant Nutrition Nurse, The Royal Liverpool and Broadgreen

09.10 **Nutrition and eating disorders**
   Dr William Rhys Jones, Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds

10.00 Coffee and exhibition

**WORKSHOPS (x4)**

10.30 **Workshop Session 1**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Facilitator(s)</th>
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| PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc. | Gina Melling, Leeds Teaching Hospitals NHS Trust  
Becky McKay, Leeds Teaching Hospitals NHS Trust |
| NGs, nasal bridles | Mary Barragy, Leeds Teaching Hospitals NHS Trust  
Catherine Kenneth, Bradford Teaching Hospitals NHS Foundation Trust |
| Drugs via NG tubes | Sarah Zeraschi, Leeds Teaching Hospitals NHS Trust  
Jeremy Robson, Leeds Teaching Hospitals NHS Trust |
| Jejunal feeding tubes | Andrew Rochford, Barts Health NHS Trust  
Alison Young, The Royal Liverpool and Broadgreen |

11.15 **Workshop session 2**

12.00 **Workshop session 3**

12.45 **Workshop session 4**

13.30 Lunch and exhibition

**Nutrition in Special Circumstances**

14.15 **Psychological aspects of home parenteral nutrition**
   Dr Yoram Inspector, Consultant Psychiatrist in Psychotherapy, St Mark's Hospital,  
   London North West Healthcare NHS Trust

15.00 **Managing nutrition in the complex EDS patient**
   Dr Charlotte Pither, Consultant in Gastroenterology, Intestinal Failure and Clinical Nutrition  
   Norfolk and Norwich University Hospitals NHS Foundation Trust

15.40 Tea and exhibition

16.00 **Ethics of feeding**
   Dr Andrew Rochford, Consultant Gastroenterologist, Barts Health NHS Trust

16.40 **Nutrition and the surgical patient**
   Mr Dermot Burke, Consultant General and Colorectal Surgeon, Leeds Teaching Hospitals NHS Trust

17.15 **Summary of day two**
   Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust

End of day two
Day 3 - Friday 13 September 2019

Paediatric consequences, ethics and parenteral nutrition

08.45 Coffee
09.00 **Paediatric surgery and nutritional consequences for children and adults**
Ian Sugarman, Consultant Paediatric Surgeon, Leeds Teaching Hospitals NHS Trust

09.45 **Preventing the refeeding syndrome**
Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark’s Hospital,
London North West Healthcare NHS Trust

10.25 Coffee
10.45 **Pharmacy and parenteral nutrition**
Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust

11.25 **Nutrition in IBD**
Dr Peter Mooney, Consultant Gastroenterologist (Nutrition), Clinical Lead for Gastroenterology
St James University Hospital, Leeds Teaching Hospitals NHS Trust

12.05 Lunch

Parenteral Nutrition

**WORKSHOPS**

13.00 **Workshop Session 1**

| Short Bowel Syndrome | **Sumiyya Nidaa**, Leeds Teaching Hospitals NHS Trust  
Andrew Rochford, Barts Health NHS Trust |
|----------------------|----------------------------------------------------------------------------------------------------------------------------------|
| PN issues – working out requirements | **Jo Scantlebury**, Leeds Teaching Hospitals NHS Trust  
**Sarah Zeraschi**, Leeds Teaching Hospitals NHS Trust |
| Management of abnormal LFTs | **Helen Davies**, Leeds Teaching Hospitals NHS Trust  
**Clare Donnellan**, Leeds Teaching Hospitals NHS Trust |

13.45 **Workshop session 2**
14.30 Tea
14.45 **Workshop session 3**
15.30 **Kullavanijaya International Guest Lecture**
**Managing home parenteral nutrition**
Dr Antje Teubner, Associate Specialist IFU, Salford Royal NHS Foundation

16.30 End of day three and course, issue of certificates

The Leeds Course in Clinical Nutrition has been approved by the Federation of the Royal Colleges of Physicians of the United Kingdom for **17 category 1 (external) CPD credit(s)**.

2019 course endorsed by:

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Please note that, although the organisers remain devoted to the programme specified, they reserve the right to vary the programme in detail if required to do so by factors beyond their control.