Revised Programme

Day 1 - Wednesday 11 September 2019

**Assessment**
08.45  Registration and coffee
09.15  **Welcome and Introduction**  Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
09.30  **Nutrition and risk – what can we do?**  Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
10.05  **Estimating nutritional requirements**  Jo Scantlebury, Senior Specialist Dietician, Leeds Teaching Hospitals NHS Trust
10.45  Coffee and exhibition
11.05  **Multidisciplinary Team Workshops (4 groups – no rotation)**  Assessing nutritional status

<table>
<thead>
<tr>
<th>Normal BMI</th>
<th>Medics</th>
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<tbody>
<tr>
<td></td>
<td>Clare Donnellan, Leeds Teaching Hospitals NHS Trust</td>
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<tr>
<td></td>
<td>Becky McKay, Leeds Teaching Hospitals NHS Trust</td>
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<tr>
<td>Obese</td>
<td>Peter Mooney, Leeds Teaching Hospitals NHS Trust</td>
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<td>Andrew Rochford, Barts Health NHS Trust</td>
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<td>Very underweight</td>
<td>Dietitians</td>
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<td>Gerardine Culkin, Leeds Teaching Hospitals NHS Trust</td>
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<td>Helen Davies, Leeds Teaching Hospitals NHS Trust</td>
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<td>Lucy Pearson, Leeds Teaching Hospitals NHS Trust</td>
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<td>Jo Scantlebury, Leeds Teaching Hospitals NHS Trust</td>
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12.25  Lunch and exhibition

**Different Clinical Scenarios**
13.25  **Short bowel syndrome**  Dr Cathryn Preston, Bradford Teaching Hospitals NHS Foundation Trust
14.05  **Obesity / bariatric surgery**  Mary O’Kane, Consultant Dietitian (Adult Obesity), Leeds Teaching Hospitals NHS Trust
14.45  Tea and exhibition
15.15  **Dietary management of IBS**  Anita Sainsbury, Consultant, Leeds Teaching Hospitals NHS Trust
16.00  **Nutrition and the liver patient**  Dr Charlie Millson, Consultant Gastroenterologist, York District Hospital
16.45  **Summary of day one**  Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust
17.00  End of day one
19.00  Course dinner – Sous Le Nez Restaurant
Day 2 - Thursday 12 September 2019

**Enteral Feeding and difficult feeding**

08.15  Coffee

08.30  **Practicalities of enteral feeding**  
       Alison Young, Consultant Nutrition Nurse, The Royal Liverpool and Broadgreen

09.10  **Nutrition and eating disorders**  
       Dr William Rhys Jones, Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds

10.00  Coffee and exhibition

**Workshops**

10.30  **Workshop Session 1 (4 groups – rotating)**

<table>
<thead>
<tr>
<th>Topic</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc.</td>
<td>Becky McKay, Leeds Teaching Hospitals NHS Trust</td>
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<td>Mary Barragry, Leeds Teaching Hospitals NHS Trust</td>
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<td>NGs, nasal bridles</td>
<td>Clare Donnellan, Leeds Teaching Hospitals NHS Trust</td>
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<td>Gina Melling, Leeds Teaching Hospitals NHS Trust</td>
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<td>Drugs via NG tubes</td>
<td>Sarah Zeraschi, Leeds Teaching Hospitals NHS Trust</td>
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<td>Jeremy Robson, Leeds Teaching Hospitals NHS Trust</td>
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<td>Jejunal feeding tubes</td>
<td>Andrew Rochford, Barts Health NHS Trust</td>
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<td></td>
<td>Alison Young, The Royal Liverpool and Broadgreen</td>
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11.15  **Workshop session 2**

12.00  **Workshop session 3**

12.45  **Workshop session 4**

13.30  Lunch and exhibition

**Nutrition in Special Circumstances**

14.15  **Psychological aspects of home parenteral nutrition**  
       Dr Yoram Inspector, Consultant Psychiatrist in Psychotherapy, St Mark’s Hospital,  
       London North West Healthcare NHS Trust

15.00  **Managing nutrition in the complex EDS patient**  
       Dr Charlotte Pither, Consultant in Gastroenterology, Intestinal Failure and Clinical Nutrition  
       Norfolk and Norwich University Hospitals NHS Foundation Trust

15.40  Tea and exhibition

16.00  **Ethics of feeding**  
       Dr Andrew Rochford, Consultant Gastroenterologist, Barts Health NHS Trust

16.40  **Nutrition and the surgical patient**  
       Mr Dermot Burke, Consultant General and Colorectal Surgeon, Leeds Teaching Hospitals NHS Trust

17.15  **Summary of day two**  
       Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust  
       End of day two
Day 3 - Friday 13 September 2019

Paediatric consequences, ethics and parenteral nutrition

08.45 Coffee
09.00 **Paediatric surgery and nutritional consequences for children and adults**
   Ian Sugarman, Consultant Paediatric Surgeon, Leeds Teaching Hospitals NHS Trust
09.45 **Pharmacy and parenteral nutrition**
   Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust
10.25 Coffee
10.45 **Preventing the refeeding syndrome**
   Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark’s Hospital, London North West Healthcare NHS Trust
11.25 **Nutrition in IBD**
   Dr Peter Mooney, Consultant Gastroenterologist (Nutrition), Clinical Lead for Gastroenterology
   St James University Hospital, Leeds Teaching Hospitals NHS Trust
12.05 Lunch

Parenteral Nutrition

**Workshops (3 groups – rotating)**

<table>
<thead>
<tr>
<th>13.00</th>
<th><strong>Workshop Session 1</strong></th>
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| Short Bowel Syndrome | **Sumiyya Nidaa**, Leeds Teaching Hospitals NHS Trust  
                        **Andrew Rochford**, Barts Health NHS Trust |
| PN issues – working out requirements | **Jo Scantlebury**, Leeds Teaching Hospitals NHS Trust  
                                          **Sarah Zeraschi**, Leeds Teaching Hospitals NHS Trust |
| Management of abnormal LFTs | **Helen Davies**, Leeds Teaching Hospitals NHS Trust  
                              **Clare Donnellan**, Leeds Teaching Hospitals NHS Trust |

13.45 **Workshop session 2**
14.30 Tea
14.45 **Workshop session 3**
15.30 **Kullavanijaya International Guest Lecture**
   **Managing home parenteral nutrition**
   Dr Antje Teubner, Associate Specialist IFU, Salford Royal NHS Foundation
16.30 End of day three and course, issue of certificates