Revised Programme

Day 1 - Wednesday 11 September 2019

Assessment
08.45 Registration and coffee
09.15 Welcome and Introduction
Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
09.30 Nutrition and risk – what can we do?
Dr Clare Donnellan, Course Director, Consultant Gastroenterologist, Leeds Teaching Hospitals NHS Trust
10.05 Estimating nutritional requirements
Jo Scantlebury, Senior Specialist Dietician, Leeds Teaching Hospitals NHS Trust
10.45 Coffee and exhibition
11.05 Multidisciplinary Team Workshops (4 groups – no rotation)
Assessing nutritional status

<table>
<thead>
<tr>
<th>Normal BMI</th>
<th>Medics</th>
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<tbody>
<tr>
<td></td>
<td>Clare Donnellan, Leeds Teaching Hospitals NHS Trust</td>
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<tr>
<td></td>
<td>Becky McKay, Leeds Teaching Hospitals NHS Trust</td>
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<tr>
<td>Obese</td>
<td>Peter Mooney, Leeds Teaching Hospitals NHS Trust</td>
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<tr>
<td>Very underweight</td>
<td>Andrew Rochford, Barts Health NHS Trust</td>
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12.25 Lunch and exhibition

Different Clinical Scenarios

13.25 Short bowel syndrome
Dr Cathryn Preston, Bradford Teaching Hospitals NHS Foundation Trust
14.05 Obesity / bariatric surgery
Mary O’Kane, Consultant Dietitian (Adult Obesity), Leeds Teaching Hospitals NHS Trust
14.45 Tea and exhibition
15.15 Dietary management of IBS
Anita Sainsbury, Consultant, Leeds Teaching Hospitals NHS Trust
16.00 Nutrition and the liver patient
Dr Charlie Millson, Consultant Gastroenterologist, York District Hospital
16.45 Summary of day one
Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust
17.00 End of day one
19.00 Course dinner – Sous Le Nez Restaurant
Day 2 - Thursday 12 September 2019

Enteral Feeding and difficult feeding

08.15 Coffee

08.30 **Practicalities of enteral feeding**
Alison Young, Consultant Nutrition Nurse, The Royal Liverpool and Broadgreen

09.10 **Nutrition and eating disorders**
Dr William Rhys Jones, Consultant Psychiatrist, Yorkshire Centre for Eating Disorders, Leeds

10.00 Coffee and exhibition

**Workshops**

10.30 **Workshop Session 1 (4 groups – rotating)**

| Time       | Workshop Session 1 | Workshop Session 1
|------------|--------------------|--------------------|
| 10.30      | PEGs/gastrostomy tubes including buried bumpers, measuring tubes etc. | Gina Melling, Leeds Teaching Hospitals NHS Trust
|            |                    | Becky McKay, Leeds Teaching Hospitals NHS Trust |
| 10.30      | NGs, nasal bridles | Mary Barragry, Leeds Teaching Hospitals NHS Trust
|            |                    | Clare Donnellan, Leeds Teaching Hospitals NHS Trust |
| 10.30      | Drugs via NG tubes | Sarah Zeraschi, Leeds Teaching Hospitals NHS Trust
|            |                    | Jeremy Robson, Leeds Teaching Hospitals NHS Trust |
| 10.30      | Jejunal feeding tubes | Andrew Rochford, Barts Health NHS Trust |
|            |                    | Alison Young, The Royal Liverpool and Broadgreen |

11.15 **Workshop session 2**

12.00 **Workshop session 3**

12.45 **Workshop session 4**

13.30 Lunch and exhibition

**Nutrition in Special Circumstances**

14.15 **Psychological aspects of home parenteral nutrition**
Dr Yoram Inspector, Consultant Psychiatrist in Psychotherapy, St Mark’s Hospital, London North West Healthcare NHS Trust

15.00 **Managing nutrition in the complex EDS patient**
Dr Charlotte Pither, Consultant in Gastroenterology, Intestinal Failure and Clinical Nutrition, Norfolk and Norwich University Hospitals NHS Foundation Trust

15.40 Tea and exhibition

16.00 **Ethics of feeding**
Dr Andrew Rochford, Consultant Gastroenterologist, Barts Health NHS Trust

16.40 **Nutrition and the surgical patient**
Mr Dermot Burke, Consultant General and Colorectal Surgeon, Leeds Teaching Hospitals NHS Trust

17.15 **Summary of day two**
Dr Clare Donnellan, Course Director, Dr Peter Mooney, Leeds Teaching Hospitals NHS Trust

End of day two
Day 3 - Friday 13 September 2019

Paediatric consequences, ethics and parenteral nutrition

08.45  Coffee

09.00  **Paediatric surgery and nutritional consequences for children and adults**  
Ian Sugarman, Consultant Paediatric Surgeon, Leeds Teaching Hospitals NHS Trust

09.45  **Preventing the refeeding syndrome**  
Dr Jeremy Nightingale, Consultant Gastroenterologist, St Mark’s Hospital,  
London North West Healthcare NHS Trust

10.25  Coffee

10.45  **Pharmacy and parenteral nutrition**  
Sarah Zeraschi, Consultant Pharmacist Nutrition, Leeds Teaching Hospitals NHS Trust

11.25  **Nutrition in IBD**  
Dr Peter Mooney, Consultant Gastroenterologist (Nutrition), Clinical Lead for Gastroenterology  
St James University Hospital, Leeds Teaching Hospitals NHS Trust

12.05  Lunch

**Parenteral Nutrition**  

**Workshops (3 groups – rotating)**

13.00  **Workshop Session 1**

| Short Bowel Syndrome | Sumiyya Nidaa, Leeds Teaching Hospitals NHS Trust  
Andrew Rochford, Barts Health NHS Trust |
|----------------------|-------------------------------------------------------------------------------------------------
| PN issues – working out requirements | Jo Scantlebury, Leeds Teaching Hospitals NHS Trust  
Sarah Zeraschi, Leeds Teaching Hospitals NHS Trust |
| Management of abnormal LFTs | Helen Davies, Leeds Teaching Hospitals NHS Trust  
Clare Donnellan, Leeds Teaching Hospitals NHS Trust |

13.45  **Workshop session 2**

14.30  Tea

14.45  **Workshop session 3**

15.30  **Kullavanijaya International Guest Lecture**  
**Managing home parenteral nutrition**  
Dr Antje Teubner, Associate Specialist IFU, Salford Royal NHS Foundation

16.30  End of day three and course, issue of certificates